

# Get Rewarded—Participate in the Spring Steps Challenge

Don't miss your opportunity to win



Be entered into a raffle to win one of ten gift cards valued at \$100 each

The two members with the highest step count will receive an Apple watch



# Spring Steps Challenge

Registration Open April 2-15

## How to Get Started

Go to [ahealthyme.com/login](http://ahealthyme.com/login) to participate. Once you're signed in, follow the link for the Steps Challenge to register. Be sure that your Fitbit® is synced to the ahealthyme site by clicking on the "Link Your Fitbit" button and following the instructions on your screen.

## Challenge Details

- Six-week challenge runs from April 9 through May 21, 2018
- Track an average of 7,000 steps per day (294,000 overall) to earn your chance to win.
- Those who complete the challenge will be entered into a raffle for one of ten gift cards valued at \$100 each!
- The two members with the highest number of steps will receive an Apple watch

**Be sure to wear your Fitbit and sign into [ahealthyme.com/login](http://ahealthyme.com/login) to view your progress!**

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If you have a disability and are unable to complete the challenge, a reasonable accommodation will be made available for you to earn the incentives. For more information, sign into [ahealthyme.com/login](http://ahealthyme.com/login).



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