

OUR VIRTUAL COUNSELING PROGRAM

HOW IT WORKS

- ◆ Call our toll free number 800-878-2004
- ◆ If virtual counseling is the right fit, we simply use an email address and a camera-enabled device to get started



BENEFITS

- ◆ Eliminates travel time
- ◆ User friendly
- ◆ Confidential
- ◆ HIPAA compliant
- ◆ Easy access to therapy



FOR MORE INFORMATION
PLEASE CALL 800-878-2004

MODERN ASSISTANCE
EMPLOYEE ASSISTANCE PROGRAM

EST. 1988



1400 Hancock Street, 2nd Floor
Quincy, MA 02169
P: 617-774-0331
F: 617-774-0336

Our Virtual Counseling Program

Modern Assistance offers unlimited counseling sessions for members and their dependents. Although it is always preferable to meet members in person for counseling, when distance is a barrier, we provide counseling through a confidential electronic video platform that connects your members to a trained, licensed clinician at Modern Assistance.

How It Works

Members can call our toll free number #1-800-878-2004 to speak with a clinician. Once it is determined that Virtual Counseling is the right option for the member they simply give their name, and email address and a link is sent to the member's email address for them to start the session over their camera-enabled smart phone, laptop, or tablet.

Benefits

Eliminates travel time
User friendly
Confidential
HIPAA compliant
Easy access to therapy
Increases EAP utilization rates

Effectiveness

Virtual counseling is effective and increases access to care. Individuals with a busy work schedule, who live and work in rural or remote places benefit from having access to a licensed therapist where normally they would not be able. There is no additional cost for this service.