

THE CHALLENGE IS ON. SIGN UP TODAY!

Your total well-being involves every aspect of your health—mind, body, and social. Join your co-workers and take on this step challenge like a champ. Register for the upcoming challenge, download the Virgin Pulse®* app, and sync your activity tracker to get started.



JOIN THE SOUTH AMERICAN STEP-OFF CHALLENGE

Want to trek across South America? From the ancient ruins of Machu Picchu to the vibrant neighborhoods of Bogota, Colombia, you'll explore dense jungles, trendy cities, and more. Remember the longer you trek, the more rewards you earn!

Registration opens: October 3, 2022
Challenge runs: October 17, 2022 to November 13, 2022
Deadline to upload steps: November 16, 2022

If meeting the criteria of this challenge is unreasonably difficult or inadvisable due to a medical condition, contact your Human Resources representative to learn about the many other alternative wellness activities available to you.
*Virgin Pulse is an independent company.

ACCEPT THE CHALLENGE

Sign in or create an account at join.virginpulse.com/IUOELocal4 to get started. If you have any questions, please call 1-833-226-5914, or email healthytogether@virginpulse.com.

Team up with friends and co-workers in a healthy competition.



MASSACHUSETTS

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).