

Service	Contact Number	Website
Suicide & Crisis Lifeline	988	988lifeline.org
Massachusetts Behavioral Health Help Line	833-773-2445	https://www.masshelpline.com/
New Hampshire Rapid Response	833-710-6477	https://www.nh988.com/
Crisis Text Line	Text HOME to 741741	https://www.crisistextline.org/
National Domestic Violence Hotline	800-799-SAFE (7233) Text START to 88788	https://www.thehotline.org/
Veterans Crisis Line	988, then Press 1 Text 838255	https://www.veteranscrisisline.net/
The Trevor Project: Suicide and Crisis Intervention for LGBTQ+ Young People	866-488-7386 Text START to 678678	https://www.thetrevorproject.org/
Trans Lifeline Hotline 1 p.m. to 9 p.m. Monday-Friday	877-565-8860	https://translifeline.org/hotline/
Teen Dating Violence Hotline	866-331-9474 Text LOVEIS to 22522	https://www.loveisrespect.org/
Sexual Violence Hotline	800-656-HOPE (4673)	https://rainn.org/