

## Grief and Loss Resources

This list is provided for informational purposes only. This is not intended to take the place of professional advice. Talk with your health care provider about any questions you may have about the information you find on this page. In an emergency, call 911 or go to your nearest emergency room.

<b>Grief and Loss Resources</b>			
<b>Loss of a Pregnancy or a Child</b>			
<b>Name</b>	<b>Phone (if applicable)</b>	<b>Website</b>	<b>Description</b>
The Compassionate Friends	877-969-0010	<a href="#">The Compassionate Friends Non-Profit Organization for Grief</a>	The Compassionate Friends supports family who has had a child die at any age, from any cause.
Share Pregnancy and Infant Loss		<a href="#">Home - Share Pregnancy &amp; Infant Loss Support (nationalshare.org)</a>	Share is an online community for anyone who has experienced the death of their baby through pregnancy loss, stillbirth or in the first few months of life.
Pregnancy Loss Support Program	646-884-9464	<a href="#">Help for Grieving Families   Pregnancy Loss Support Program</a>	Free telephone counseling and support groups for parents who have experienced the loss of a pregnancy.
<b>General Loss/Grief Resources</b>			
Heal Grief		<a href="#">HealGrief - The tools and resources for a healthy post-bereavement growth</a>	HealGrief is a social support network that provides tools and resources for the grieving.
Open to Hope		<a href="#">Open To Hope, Support for Dealing with Death, Grief, Loss, Bereavement</a>	Helping people find hope after loss.
<b>Loss Due to Suicide</b>			
Alliance of Hope for Suicide Loss Survivors		<a href="#">Alliance of Hope For Suicide Loss Survivors   Home</a>	Provides online healing support and services for those experiencing a loss due to suicide.
American Foundation for Suicide Prevention		<a href="#">I've lost someone   AFSP</a>	Resources to help those who have lost someone to suicide.

<b><i>For Children/Young Adults Who Are Grieving</i></b>			
The Dougy Center		<a href="#">The Dougy Center for Grieving Children &amp; Families   Portland, OR</a>	Support, resources and connection before and after a death.
National Alliance for Children's Grief		<a href="#">NACG</a>	Organization to connect those supporting a grieving child with resources and support.
<b><i>Military/Veteran Grief/Loss</i></b>			
Tragedy Assistance Program for Survivors	800-959-8277	<a href="#">Tragedy Assistance Program For Survivors (TAPS) Is Here For You!</a>	TAPS helps those who are grieving a death of someone in the military or of a veteran, including getting connected to resources and assistance with navigating benefits and resources.